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Restoration House Program Overview

Care Plans/Services

Safe Shelter:

- Provide safe shelter for men.
- Men from situations of substance abuse or homelessness are eligible.

Recovery/Sobriety:

- Men participate in weekly recovery meetings and weekly classes to understand and identify specific triggers, learn coping tools and build a supportive community.
- In addition, men participate in daily activities to practice recovery tools and implement relapse prevention strategies. Daily activities include worksheets and dialog with staff and volunteers.
- Relapse Prevention Plans are created together with staff to ensure success.
- Drug tests are conducted randomly at least once per week, more if needed.

Parenting:

- Parenting coaches work with men for specific and age appropriate needs through parenting classes and Individualized Parenting Plans (IPP).

Counseling:

- One-on-one counseling to address the areas of addictions and trauma with certified counselors specifically trained in addiction and trauma.

Responsibility:

- Men are taught the importance of personal responsibility in all areas of life and provided a plan to assist in taking responsibility.

Health:

- Men are supported in the areas of nutrition, health and personal hygiene.
- Weekly menu planning meetings ensure healthy meal planning.

Money Management:

- Men are taught to budget and correctly use finances.

Relationships:

- Staff assist men to evaluate current relationships and teach them how to have healthy relationships in all areas of life.
- Each relationship is carefully evaluated and reviewed before re-entering.

Long-Term Success:

- Men are prepared to transition to a safe and appropriate home to ensure long-term success.
- Men are successfully integrated into a local church community to ensure long-term support and success.

Program Outcomes**Men are evaluated and supported toward the following outcomes:**

- Consistently and successfully follow a daily schedule.
- Meet the needs of children through general and individual parenting plans and staff guidance.
- Follow individualized care plans and program expectations.
- Recognize areas of personal need and seek help appropriately.
- Honestly communicate needs, fears, and struggles.
- Plan and prepare healthy meals.
- Demonstrate ability and willingness to secure and maintain employment.
- Maintain consistent sobriety, verified through random clean drug tests.

Misc

- Individual goals and practical steps to accomplish goals are created throughout the process to promote long-term stability and independence.
- Weekly evaluation of goals is done by staff and reviewed with each resident. Changes and additional supports are implemented as needed.
- Staff works closely and alongside the men.
- Observation is critical to evaluate, create and accomplish outcomes and goals.
- Staff are constantly encouraging, discussing and supporting men to keep moving forward.
- We utilize schedules, menus, parenting plans, goals and specific care plan outcomes to measure progress.
- If a resident has difficulty, additional supports are added to help men progress.